Providing you with the tools to support Mental Health

A guide to Pearson’s mental health tools that can help your students and patients adapt and thrive
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Mental health is an important part of a person’s overall wellbeing

Developing a healthy mind is just as important for our overall health as our physical condition, with stress, anxiety and our internal feelings being major factors that can change how we perceive ourselves and the world around us.

A study by mentalhealth.org in 2016 indicated that nearly half (43.4%) of adults interviewed in the UK thought that they may have had a diagnosable mental health condition at some point in their life (35.2% of men and 51.2% of women), but that only a fifth of these men and a third of these women received an actual diagnosis.* This could be due to the populations changing lifestyle as well as the social pressures that many of us now feel which can lead to a number of the most common disorders indicated during the study, including anxiety, depression, panic disorders and OCD.

So that you can be there for those that need your support, we have a range of assessments that can help diagnose disorders that can impact a person’s mental health and wellbeing from ADHD, Autism, depression, personality disorders to other behavioural issues. This includes a number of digital tests that can be used during your Telepractice sessions, allowing you to assess and identify their specific needs wherever they may be.

* Fundamental Facts About Mental Health 2016 pdf

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To purchase our assessments, you first need to register with us and prove your qualification level. You can find out more on the different levels here.

In this guide you will find the assessments split into two areas SENCo and Psychologist. Please note that psychologists are able to use the assessments on both levels.

**ADD/ADHD**

**SENCo**

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**BASC-3**

Understand the emotions and behaviours of children and adolescents

The Behavior Assessment System for Children (BASC) can help children thrive in their school and home environments and holds an exceptional track record for providing a complete picture of a child’s behaviour.

**Qualification code:** CL2R

**Age range:** 2 to 21:11 years

**Administration:** Individual - 10-20 minutes (TRS and PRS), 30 minutes (SRP)

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**BASC-3 BESS**

Brief, universal screening system for measuring behavioural and emotional strengths and weaknesses

This test offers a reliable, quick, and systematic way to determine behavioural and emotional strengths and weaknesses of children and adolescents. Such as Academic problems and issues associated with developing and maintaining positive relationships with others, which can be the result of underlying behavioural and emotional deficits that, when caught early, can be corrected before negatively affecting a child or adolescent.

**Qualification code:** CL2R

**Age range:** 2 to 18:11 years

**Administration:** Individual – 5 to 10 mins
**BASC-3 Flex**

A computer-based collection, scoring, and reporting system that will enable users to track behavioural progress over time

This exciting addition to the BASC-3 family enables psychologists and professionals in a school or clinical environment to monitor and track the effects of a behavioural intervention plan. Completely web-based, efficient, and comprehensive, the Flex Monitor can be used to develop effective progress monitoring forms that can be used to track changes in behavioural and emotional functioning.

**Qualification code:** CL2R

**Age range:** 2 to 18:11 years (Teacher and Parent); 8:0 — 18:11 years (Self-Report)

**Administration:** 5-10 minutes

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**BASC-3 Parenting Relationship Questionnaire**

Designed to capture a parent’s perspective on the parent-child relationship

The PRQ has two forms: Preschool (ages 2-5) and Child and adolescent (ages 6-18) which can be completed in 10-15 minutes by the mother, father or other primary caregiver to learn more on their perspective on their parent-child relationship.

**Qualification code:** CL2R

**Age range:** 2 years to 18 years 11 months

**Administration:** Individual – 10 to 15 mins

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**Brown Executive Function/Attention Scales (Brown EF/A Scales)**

Screen and assess a wider range of impairments of executive functioning and attention

As an update to the widely used Brown ADD Scales™, the Brown EF/A Scales goes beyond other measures to screen and assess a wider range of impairments of executive functioning and attention, including ADHD.

**Qualification code:** CL2R

**Age range:** 3 years and older

**Administration:** Individual – 10 to 15 mins
**Conners 3rd Edition (Conners 3)**

Offers a thorough assessment of ADHD

The Conners 3 is the result of five years of extensive product development and research and addresses comorbid disorders such as oppositional defiant disorder and conduct disorder. The assessment contains both full lengths and short versions of the parent, teacher and self-report to help support you make your diagnosis.

**Qualification code:** CL2R  
**Age range:** Teacher forms + Parent forms: 6 years to 18 years / Self-report forms: 8 years to 18 years  
**Administration:** Individual – 20 minutes  
**Publisher:** MHS

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**Conners Comprehensive Behavior Rating Scales (Conners CBRS)**

Assess behaviours, emotions and academic problems

The Conners CBRS is an instrument designed to provide a complete overview of child and adolescent disorders and concerns by assessing a wide spectrum of behaviours, emotions, and academic problems in today's youth.

**Qualification code:** CL2R  
**Age range:** Teacher/parent forms: 6 years to 18 years; Self-report forms: 8 years to 18 years  
**Administration:** Individual – 20 minutes  
**Publisher:** MHS

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**Conners Early Childhood (Conners EC)**

Monitor early childhood development in a preschool setting

This innovative psychological instrument is designed to assess the concerns of parents, teachers and childcare providers of preschool children. It aids in the early identification of behavioural, social and emotional problems.

**Qualification code:** CL2R  
**Age range:** 2 to 6 years  
**Administration:** Individual – 5 to 25 minutes  
**Publisher:** MHS
Social Skills Improvement System (SSiS) Classwide Intervention Program

Provides a co-ordinated system for improving social skills

This program provides a structured, yet flexible and efficient way to teach 10 of the most important social skills to students from preschool to early adolescence.

Qualification code: UNAS
Age range: 3 to 18 years

Social Skills Improvement System (SSiS) Intervention Guide

Offers in-depth social skills intervention for 20 keystone social skills

Designed to help you plan and implement remediation strategies that are directly tied to problems identified by the SSIS Rating Scales.

Qualification code: CL2R
Age range: 3 to 18 years

NEW: Social Skills Improvement System Social-Emotional Learning Edition (SSIS SEL)

A comprehensive, evidence-based, social-emotional learning system that assesses key academic skills

The SSIS SEL Edition provides evidence-based tools to assess and teach skills in each of the five SEL competencies: Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision Making.

Qualification code: CL2R
Age range: 3 years to 18 years
Administration: Individual - 10 to 25 minutes
**Aggression Questionnaire (AQ)**

Measure aggressive behaviour in any setting - in children or adults - in less than 10 minutes

Screen children and adults for aggressive tendencies with this routine self-report inventory. The Aggression Questionnaire (AQ) measures an individual’s aggressive responses and his or her ability to channel those responses in a safe, constructive manner.

**Qualification code:** CL2R  
**Age range:** 9 to 88 years  
**Administration:** Individual - 10 minutes  
**Publisher:** WPS

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**Beck Youth Inventories™ - Second Edition For Children and Adolescents (BYI-II)**

Evaluate children’s and adolescents’ emotional and social impairment

Five self-report inventories that can be used separately or in combination to assess symptoms of depression, anxiety, anger, disruptive behaviour and self-concept, to ensure confidence in your clinical decision making, while helping you plan effective intervention.

**Qualification code:** CL2R  
**Age range:** 7 to 18 years  
**Administration:** Individual or group – 5 to 10 minutes per inventory
**Children’s Measure of Obsessive-Compulsive Symptoms (CMOCS)**

Provides a psychometrically sound measure of obsessions, compulsions, and their impact on daily functioning

Assess and quantify the subjective experience of children and teens who have obsessions and/or compulsions at either a clinical or subclinical level. Anchored in DSM-IV criteria for OCD.

**Qualification code:** CL2R  
**Age range:** 8 to 19 years  
**Administration:** 10 to 15 minutes  
**Publisher:** WPS

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Measures anxiety in children using a simple yes-or-no format

A brief self-report inventory measuring the level and nature of anxiety in 6- to 19-year-olds. The test is now composed of 49 items covering the following scales: Physiological Anxiety; Worry; Social Anxiety; Defensiveness and Inconsistent Responding index.

**Qualification code:** CL2R  
**Age range:** 6 to 19 years  
**Administration:** 10 to 15 minutes. Less than 5 minutes for Short Form  
**Publisher:** WPS

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**Self Image Profiles (SIP)**

Quickly assess self image and self esteem in children and adolescents

The SIP provides a visual display of Self Image, enabling the child/young person to reveal to him/herself, as well as to the clinician, the way in which they construe themselves as they complete it.

**Qualification code:** CL2R  
**Age range:** 7 to 16 years  
**Administration:** Individual or Group - SIP-C: 12 to 25 minutes, SIP-A: 9 to 17 minutes
**Self Image Profile for Adults (SIP-Adult)**

**Quickly assess self image and self esteem in adults**

The Self Image Profile for Adults (SIP-Adult) is a brief self-report that taps the individual's theory of self. It provides an extension to the child [SIP-C: 7-11 years] and adolescent [SIP-A: 12-16 years] profiles, having a similar structure and format.

**Qualification code:** CL2R

**Age range:** 17 to 65 years

**Administration:** Individual or group - 7 to 15 minutes

**Psychologists**

**Beck Anxiety Inventory® (BAI®)**

**Measure the severity of anxiety in adults and adolescents**

The BAI evaluates both physiological and cognitive symptoms of anxiety and item overlap where other self-report depression inventories is minimised.

**Qualification code:** CL2

**Age range:** 17 years and older

**Administration:** Individual - 5 to 10 minutes
**Beck Depression Inventory®-II (BDI®-II)**

Assess the severity of depression

A widely used instrument used to detect depression. This edition features items that will bring it in line with current depression criteria of the Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition (DSM-IV).

**Qualification code:** CL2

**Age range:** 17 years to adult

**Administration:** Individual - 5 to 10 minutes

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**Beck Depression Inventory® - FastScreen (BDI®-FastScreen)**

Detect the severity of depression in medical patients

The BDI®-Fastscreen was constructed to reduce the number of false positives for depression in patients with known biological, medical or alcohol/substance abuse problems. It should not however be considered as a substitute for the 21-item BDI®-II, but as a 7-item self-report, case-finding instrument that screens for depression in adolescents and adults.

**Qualification code:** CL2

**Age range:** Adult

**Administration:** Individual - 5 minutes

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**Beck Hopelessness Scale® (BHS®)**

Measure three major aspects of hopelessness

This test helps measure 3 major aspects of hopelessness: Feelings about the future; Loss of motivation and Expectations. It is designed to measure an individual’s attitudes about their long-term future and consists of 20 true/false items with patients either endorsing a pessimistic statement or denying an optimistic statement. The BHS acts as a powerful predictor of suicidal intent.

**Qualification code:** CL2

**Age range:** 17 to 80 years

**Administration:** Individual - 10 minutes
Coping Inventory for Stressful Situations (CISS)

Effectively measure three major types of coping styles

The CISS assessment allows you to effectively measure three major types of coping styles: Task-Orientated, Emotion-Orientated and Avoidance Coping. It also identifies two types of avoidance patterns: Distraction and Social Diversion. This 48-item inventory is available in versions for adolescents and adults.

Qualification code: CL2
Age range: Adolescent (13 to 18 years) and Adult (18 years +)
Administration: Self-report - 10 minutes
Publisher: MHS

Clark-Beck Obsessive-Compulsive Inventory (CBOCI)

Accurately screen for obsessive-compulsive symptoms

An efficient screener designed to identify obsessive and compulsive symptoms in individuals ages 17 and older. The CBOCI can be used in conjunction with the Beck Scales for depression, anxiety, hopelessness and suicide ideation for a more comprehensive measure of psychopathology; this integration can help in understanding possible comorbidity and in formulating and evaluating treatment.

Qualification code: CL2
Age range: 17 years and older
Administration: Individual - 10 to 20 minutes

Symptom Checklist-90-Revised (SCL-90-R)

Evaluate psychological problems and symptoms of psychopathology

This instrument helps evaluate a broad range of psychological problems and symptoms of psychopathology. The instrument is also useful in measuring patient progress or treatment outcomes.

Qualification code: CL2
Age range: 13 years and older
Administration: Individual - 12 to 15 minutes
**Asperger Syndrome Diagnostic Scale (ASDS)**

A quick, easy-to-use rating scale that can help determine whether a child has Asperger Syndrome

Designed to identify Asperger Syndrome, this instrument provides an AS Quotient that tells the likelihood that an individual has Asperger Syndrome by assessing 5 specific areas: Cognitive, Maladaptive, Language, Social and Sensorimotor.

**Qualification code:** CL3  
**Age range:** 5 to 18 years  
**Administration:** Individual - 10 to 15 minutes  
**Publisher:** Pro Ed inc

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**Autism Spectrum Rating Scales (ASRS)**

Measure behaviours associated with Autism Spectrum Disorders (ASD)

The ASRS was designed to effectively identify symptoms, behaviours and associated features of Autism Spectrum Disorders (ASDs) to help guide your diagnostic decisions, treatment planning, ongoing monitoring of response to intervention, and evaluating the effectiveness of a treatment program.

**Qualification code:** CL2R  
**Age range:** 2 to 18 years  
**Administration:** Individual - 20 minutes; Short Form: 5 minutes  
**Publisher:** MHS
**Childhood Autism Rating Scale - Second Edition (CARS2)**

Covers the entire spectrum, including Asperger’s Syndrome

CARS has become one of the most widely used and empirically validated autism assessments. It has proven especially effective in distinguishing between children with autism and those with severe cognitive deficits, and in distinguishing mild-to-moderate from severe autism.

**Qualification code:** CL3  
**Age range:** 2 years and older  
**Administration:** Individual - Untimed  
**Publisher:** WPS

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**Gilliam Asperger’s Disorder Scale (GADS)**

Identify children who may have Asperger’s Disorder

A norm referenced test designed to evaluate children with unique behavioural problems who may have Asperger’s Disorder.

**Qualification code:** CL3  
**Age range:** 3 to 22 years  
**Administration:** Individual – 5 to 10 minutes  
**Publisher:** Pro Ed inc

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**Gilliam Autism Rating Scale - Third Edition (GARS-3)**

Identify autism in individuals and estimate its severity

The GARS-3 assists teachers, parents and clinicians in identifying autism in individuals and estimating its severity. The instrument consists of 56 clearly stated items describing the characteristic behaviours of persons with autism which are grouped into six subscales: Restrictive, Repetitive Behaviours, Social Interaction, Social Communication, Emotional Responses, Cognitive Style, and Maladaptive Speech.

**Qualification code:** CL2R  
**Age range:** 3 to 22 years  
**Administration:** Individual – 5 to 10 minutes  
**Publisher:** Pro Ed inc
**Autism Diagnostic Interview, Revised (ADI-R)**

Diagnose autism, plan treatment and distinguish autism from other developmental disorders

This comprehensive interview provides a thorough assessment of individuals suspected of having autism or other autism spectrum disorders. The ADI-R has proven highly useful for formal diagnosis as well as treatment and educational planning.

**Qualification code:** CL2  
**Age range:** 2 years and older  
**Administration:** Individual - 1.5 hours to 2.5 hours, including scoring  
**Publisher:** WPS

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**Autism Diagnostic Observation Schedule, Second Edition: ADOS-2**

Accurately assess and diagnose autism spectrum disorders

With updated protocols, revised algorithms, a new Comparison Score, and a Toddler Module, ADOS-2 provides a highly accurate picture of current symptoms, unaffected by language. It can be used to evaluate almost anyone suspected of having ASD from one-year olds with no speech, to adults who are verbally fluent.

**Qualification code:** CL2  
**Age range:** 1 months to adult  
**Administration:** 40 to 60 minutes
Monteiro Interview Guidelines for Diagnosing the Autism Spectrum, Second Edition (MIGDAS-2)

An efficient method of systematically gathering and organizing the information needed to diagnose ASD

A sensory-based process for gathering and organizing the qualitative information needed to diagnose autism in children, adolescents, and adults, resulting in a comprehensive behavioral profile that describes the individual’s distinct way of relating to the world, supplementing assessment scores and informing diagnosis and treatment planning.

**Qualification code:** CL2
**Age range:** Toddlers, children, adolescents, and adults
**Administration:** Varies; 30 to 90 minutes, depending on format
**Publisher:** WPS

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Social Responsiveness Scale, Second Edition (SRS-2)

Identifies the presence and severity of social impairment within the autism spectrum

The SRS-2 identifies social impairment associated with autism spectrum disorders (ASDs) and quantifies its severity. It’s sensitive enough to detect even subtle symptoms, yet specific enough to differentiate clinical groups, both within the autism spectrum and between ASD and other disorders.

**Qualification code:** CL2
**Age range:** 2 years 6 months to adult
**Administration:** 15 to 20 minutes
**Publisher:** WPS
Resiliency Scales for Children and Adolescents™

Profile child and adolescent personal strengths as well as vulnerability

Why do some children and adolescents adjust or recover, and others do not? Now, you have a brief tool to profile personal strengths, as well as vulnerability that is theoretically based and psychometrically sound.

Qualification code: CL2
Age range: 9 to 18 years
Administration: Individual or group - 5 minutes per scale

Hare Psychopathy Checklist: Youth Version (PCL:YV)

An assessment of antisocial traits in young people

Based on the widely-used PCL-R for assessing adult psychopathy, the PCL:YV helps identify potential patterns of cheating, fighting, bullying and other antisocial acts in adolescents and teenagers. Allowing for early identification of these traits which can be critical to the development of these individuals as they move into adulthood.

Qualification code: CL1
Age range: 12 years to 18 years
Administration: Individual - 90 to 120 minutes
Publisher: MHS
Millon™ Adolescent Clinical Inventory-II (MACI-II)

Assess mental health and behaviour concerns in teens and adolescents

The MACI-II helps practitioners from a variety of settings assess personality patterns, expressed concerns, and clinical symptoms while its therapeutic focus will assist in making reliable diagnostic and treatment decisions.

Qualification code: CL1
Age range: 13 to 18 years
Administration: 20-25 minutes (160 true/false items)

Millon® Clinical Multiaxial Inventory-IV (MCMI®-IV)

Assesses DSM-5®-related personality disorders and clinical syndromes.

The Millon Clinical Multiaxial Inventory-IV (MCMI-IV) provides helpful clinical insights into a patient’s personality that allow clinicians to make reliable diagnostic and treatment decisions.

Qualification code: CL1
Age range: 18 years and older
Administration: 25 to 30 minutes

MIPS Revised (Millon Index of Personality Styles Revised)

A brief personality measure to assess normal personality styles for adults

This convenient tool helps professionals assist ostensibly normally functioning adults who may be experiencing difficulties in work, family or social relationships. It may also be helpful in career counseling or employment settings.

Qualification code: CL2
Age range: 18 years and older
Administration: Individual - 30 minutes
NEW: Minnesota Multiphasic Personality Inventory®-3 (MMPI®-3)

Assesses adult psychopathology

A contemporary personality assessment for mental health, medical, forensic, and public safety settings. This newest version builds on the history and strengths of the MMPI instruments to provide an empirically validated, psychometrically up-to-date standard for psychological assessment.

Qualification code: CL1
Age range: 18 years and older
Administration: 25–50 minutes

Minnesota Multiphasic Personality Inventory -2-Restructured Form® (MMPI-2-RF®)

Assesses major symptoms of psychopathology

The MMPI-2-RF provides a valuable alternative to the MMPI-2 test. The MMPI-2-RF aids clinicians in the assessment of mental disorders, identification of specific problem areas, and treatment planning in a variety of settings.

Qualification code: CL1
Age range: 18 years and older
Administration: Individual - 35 to 50 minutes

Minnesota Multiphasic Personality Inventory®-Adolescent (MMPI®-A)

Helps to aid in problem identification, diagnosis, and treatment planning for adolescents

An empirically based measure of adolescent psychopathology, the MMPI-A test contains adolescent-specific scales, and other unique features designed to make the instrument especially appropriate for today's young people.

Qualification code: CL1
Age range: 14 years to 18 years
Administration: Individual - Approximately 60 minutes
Millon Pre-Adolescent Clinical Inventory (M-PACI)

Identify psychological problems in pre-adolescent children

This assessment provides an integrated view that synthesises the child's emerging personality styles and clinical syndromes, helping clinicians detect early signs of Axis I and Axis II disorders.

Qualification code: CL1
Age range: 9 to 12 years
Administration: Individual - 15 to 20 minutes

Novaco Anger Scale and Provocation Inventory (NAS-PI)

Tells you how individuals experience anger and what kind of situations provoke it

Brief and easy-to-administer, this self-report questionnaire is an excellent way to assess anger in clinical, community and correctional settings.

Qualification code: CL2
Age range: 9 to 84 years
Administration: 25 minutes
Publisher: WPS

Positive and Negative Syndrome Scale (PANSS)

Assesses schizophrenia

The PANSS is based on findings that schizophrenia comprises at least two distinct syndromes. The positive syndrome, consisting of productive symptoms, and the negative syndrome, consisting of deficit features.

Qualification code: CL2
Age range: 18 years Plus
Administration: Observer-completed - 30 to 40 minutes
Publisher: MHS
Why choose Q-global?

Get access to the industry's gold standard assessment tools from any computer, at any time!

Mental health specialists, educators, and other professionals use the Q-global® testing system to quickly and efficiently administer assessments, generate scores, and produce reports. Q-global® houses the industry's gold standard in assessment tools and is accessible from any computer, any time.

How it works

You can access your Q-global account through any device connected to an up to date web browser. You can then manage and retrieve examinee information, generate scores from assessment data, and produce accurate, comprehensive assessment reports.

Features

• On Screen administration (OSA)
• Remote On Screen administration (ROSA) sent via email to an examinee, parent or caregiver
• Manual entry via paper record form.
• Perfect for your Telepractice sessions!

View our assessment library
Get more information on our assessments on our Mental Health page or visit our Working together to build healthy and happy schools for additional resources.

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