



# Screen, Assess, and Monitor for Better Chronic Pain Management

Chronic pain affects more Americans than diabetes, heart disease, and cancer combined, and is the most common reason Americans access the health care system. Facilitate successful treatment outcomes for your patients by identifying psychological factors that can impact their response to a normal course of pain treatment. Our mental health assessments and chronic pain monitoring resources can help inform treatment decisions.



## Our Assessments for Chronic Pain

### Identify Risks and Resilience

Optimise a patient's treatment plan by identifying factors such as depression and anxiety, somatisation, substance abuse, opioid dependence, and psychosocial factors known to impact pain and a patient's response to treatment.

**Provide Relevant Comparison Groups** Our tools are normed for a variety of patient groups, including pain, physical rehabilitation, injury-specific, and community samples.

### Monitor Symptoms Throughout Treatment

Routinely administer assessments to track patient progress and identify symptoms that may have an impact on the treatment plan.

# A variety of instruments to help you find the **right pain monitoring options** for your patients.



## *Pain Patient Profile*

By C. David Tollison and Jerry C. Langley

Brief 10-15 minute screener that focuses on psychological factors most frequently associated with chronic pain.



## **Brief Battery for Health Improvement 2**

Brief 10-15 minute screener that identifies psychosocial aspects that impact pain and related conditions, and quickly tracks treatment progress.



## **Battery for Health Improvement 2**

Comprehensive test that identifies psychosocial aspects that impact pain, pain-related conditions, and treatment progress.



## **MBMD®**

MILLON® BEHAVIORAL  
MEDICINE DIAGNOSTIC

by Theodore Millon, PhD, DSc, Michael Antoni, PhD,  
Carrie Millon, PhD, Sarah Mince, PhD, and Seth Grossman, PsyD

Comprehensive test that helps identify biopsychosocial factors, including coping strategies, that impact individuals' readiness for and response to chronic pain treatment.



## **Minnesota Multiphasic Personality Inventory-2 Restructured Form®**

Comprehensive test that assists in identifying psychological, personality, and behavioural dysfunctions that can affect pain and its treatment.

## **Opioid addiction**

### **Assessing for risk**

With an opioid epidemic impacting so many Americans, it's more important than ever to make informed decisions about which patients can benefit from prescription treatment, and which patients may experience difficulties. Our assessments can help you be proactive in identifying patients who may be at risk for opioid misuse or addiction, while also helping to identify other biopsychosocial factors that may impact pain treatments.

For more information on our assessments for chronic pain management, please visit [Pearsonclinical.co.uk/HealthPsych](https://Pearsonclinical.co.uk/HealthPsych)

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