

Emotional wellbeing: Resource Guide *for* Education Professionals



New! Emotional wellbeing: Resource Center

Bringing supportive student mental health and emotional wellbeing tools to you

An alarming and rapidly growing number of children and adolescents struggle with mental health issues. **Anxiety, depression**, and **stress** are more prevalent than ever before, with record numbers of children and adults displaying clinical signs. There's an urgent need for **mental health support** and we're committed to making sure you've got the **most reliable tools at your disposal**.

Check out our new resource center for the latest tools to support you and your students.

EXPLORE NOW

Featured Student Mental Health and Behavior Tools









Make the most of Pearson's Digital Assessment Library for Schools

Streamline your assessments!

Unlimited use of assessments addressing:

- Behavior issues
- Social emotional learning
- Dyslexia
- ADHD
- Giftedness
- Intellectual disabilities
- SLD identification
- Speech and language impairments
- OT and PT support

New development portfolio now included!

See how the Digital Assessment Library for Schools can revolutionize the way you administer assessmentS



Fresh and featured for 2024

Our team has been hard at work developing new tools to lighten your workload and **make it easier to stay connected to your students**. We've also released updated editions of the tools you already know and trust. Dig into this guide to learn more about these **new and soon-to-be released assessment tools for special educators!**

We highlight...



Coming soon!

Here's how to use your guide effectively

This guide is divided into **2 sections: Behavioural and Emotional Assessment**, and **Mental Health Assessment** in Educational Settings. We invite you to explore both sections and discover our **assessment flow** to address your student's needs.



The **assessment flow** proposed in this guide consists of **4 phases**: early identification through screening, followed by a more in-depth assessment, intervention and monitoring of the student's progress.

To help you develop a **holistic approach** to your **students' specific needs** in relation to **emotional and behavioural wellbeing**, we have organised our products around that same assessment flow.

Explore the main products we highlight in each area!



Behavioural and Emotional Assessment



Traditionally, supporting the mental health of students has focused on the identification, classification, and management of emotional and behavioral issues that negatively impact their learning. Today, these efforts have **expanded to considering the well-being of all students.**

By proactively addressing the needs of all students, educators can integrate and align student wellbeing with the core goals of instruction and schooling. Tools such as the **BASC-3, BASC-3 BESS, SSIS SEL** and **Brown EF/A** provide ways for educators to evaluate areas of need; identify social, emotional, and behavioral strengths; and to incorporate this information in their decision-making process.

Using a step-by-step approach can help support students on their journey forward

- 1. Identify all students' behavioral, social wellness, and executive functions strengths and areas of need using universal screeners such as **BASC-3 BESS, Brown EF/A** and **SSIS SEL.**
- **2.** Follow up on students who are identified as "at risk" using a comprehensive set of rating scales such as in the **BASC-3**, which provide input from school, home, and the personal perspective from students to help determine their needs.
- **3.** Use the information collected to guide **interventions and supports**. Many of our solutions are aligned with these assessments and screeners. They include interventions for specific behavioral and mental health issues, a proactive behavioral and emotional skill building guide for all students, and an SEL curriculum from the **SSIS SEL** that can proactively develop coping skills and resilience.
- 4. Use progress monitoring tools such as those included in the BASC-3 Flex Monitor to track your students' improvements and overall wellbeing. This allows you to provide supports that best meet the needs of your students.

Behavior & Social Wellness Toolkit —

Screen	Assess	Intervene	Monitor
BASC-3 BESS ABAS-3 SSIS SEL Brief BASC-3 Brown EF/A Conners 4 SSIS SEL Rating scales Vineland-3	BASC-3 Brown EF/A Conners 4	BASC-3 Intervention guide / Building guide SSIS SEH CIP	BASC-3 FLEX Monitor SSIS SEL Monitoring Scales
	scales	Fresh and featured! BASC3 BROWN	
			CALES.
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Mental Health Assessment



Some of the most important work of educators and mental health professionals is **assisting schools and students struggling with mental health issues.**

Now, more than ever, there is a need for psychometrically strong early warning tools, as well as a continuum of tools to address scalating complexities.

Throughout the application of the **Screen**, **Assess**, **Intervene**, **and Monitor process**, we can help you develop safe learning environments. We are proud to provide products and tools that fit within a model that supports prevention, identification, preparedness, response, and recovery.

- **1. Screen** with **BYI-2:** Five self-report inventories assess depression, anxiety, anger, disruptive behavior, and self-concept. The BASC-3 BESS also offers a reliable, quick, and systematic way to screen for a variety of behavioral and emotional disorders that can lead to adjustment problems.
- **2.** Take a **multi-dimensional approach** with **BASC-3.** The BASC-3 provides a complete picture of a child's behavior as required by IDEA and is also useful for developing FBAs, BIPs, and IEPs.
- **3.** The BASC-3 Intervention Guide & Materials presents detail on 60+ interventions providing school psychologists with extensive information on the most common behavioural and emotional issues.
- **4.** Finally, **BASC-3 Flex Monitor** enables **psychologists and professionals in school** environments to **monitor and track effects** of behavioural intervention plans.

Student Mental Health Tools

BASC-3 BYI-2 Brown EF/A D-REF MACI-II

M-PACI

BASC-3 Intervention Guide & Materials

BASC-3 Flex Monitor



These tools can be used in their digital format on our Q-global platform.

Discover the online evaluation on Q-global!

LEARN MORE!

New!

Mental Health Resource Hub

Stop by our **mental health hub** and find tools you need to help tackle **anxiety, depression, stress,** and other mental health issues your students may be facing. We've got **informative articles,** the most commonly used **tools**, and **timely resources** to help you guide them toward brighter days.





Check out our Education Resource Center!

To support your **unwavering dedication to your students**, we have organized a resource center to help you quickly find whatever support you need to help them go from struggling to thriving.



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