

## An adult motor assessment adapted from a test you trust

*Evaluate motor strengths and weaknesses with confidence*



**I**ntroducing the Bruininks Motor Ability Test (BMAT)—an individually administered, standardised test of gross and fine motor skills for adults 40 and older. It's an adaptation of the trusted Bruininks-Oseretsky Test of Motor Proficiency, Second Edition (BOT™-2), widely used for ages 4 through 21. The BMAT is ideal for professionals in occupational and physical therapies, nursing, human performance, and physical rehabilitation to determine if clients' motor function issues need to be addressed before they can live independently. The BMAT also helps you set treatment goals and monitor progress. What's more, you can repeat administrations over the course of treatment and adjust goals as needed.

### **Comprehensive, stand-alone subtests**

For maximum flexibility, you can administer all the subtests or focus on one or two specific motor skill areas. That's because each subtest has the content, reliability, validity, and sensitivity to stand on its own. Subtests include:

- Fine Motor Integration
- Manual Dexterity
- Coordination
- Balance and Mobility
- Strength and Flexibility

Each subtest can be administered in as little as 15 minutes and you receive three score composites—Fine Motor, Gross Motor, and Total Motor. Also included is the Short Form that offers a quick measure of overall motor ability in just 20 minutes.

### **A built-in dashboard makes administration easy**

An Administration Easel provides an at-a-glance dashboard with a detailed description of how to administer and score each item. Included are verbatim instructions and illustrative photos for the examiner and examinee.

### **Scoring that provides better insight anytime, anywhere**

BMAT is available on Q-global™—Pearson's web-based platform for scoring and reporting. It's accessible anytime, from any computer connected to the Internet. Secure and affordable, this system helps you quickly and automatically organise information, generate scores, and produce accurate, comprehensive reports.

Q-global also offers:

- 24 x 7 secure, web-based access
- Portability: Q-global can be used on mobile devices such as a laptop or an iPad®
- On-demand, reliable scoring and comprehensive reporting solutions not available through hand scoring
- Pricing on a per-report basis

**Order today to see how the new BMAT  
can enhance your motor skills assessment in older adults!**

*Visit [PearsonClinical.co.uk/BMAT](http://PearsonClinical.co.uk/BMAT) for more details.*