

A list of Cogmed Coaches in the UK and Republic of Ireland

England

Flower Associates



Flower Associates are a team of Chartered Psychologists, registered with the BPS and the HPC, providing services in Harley Street, the City, Canary Wharf, as well as in-house when required.

We provide assessments and treatments in educational, clinical, and coaching sectors. We specialise in working with adults, adolescents, and children and tailor our psychology services to suit each individual's requirements.

We have been providing psychological treatment and consultancy for over 25 years and have a wealth of experience in working with children, parents, schools and adults in different settings. We have a wealth of suggestions and practical support to offer and work in a consultative relationship with clients looking at specific needs, helping to develop and implement action plans that help the child, adolescent, or adult with the particular difficulty.

We hold high expertise in psychometric assessments, using a variety of standardised UK and US psychometric tools (e.g. identifying levels of ability, dyslexia, dyspraxia, dyscalculia, memory difficulties, ADHD, ASD, executive functioning difficulties). We provide Cogmed Memory training for children and adults and closely monitor progression and offer follow up sessions.

Contact details:

Dr Stefania Grbic

Address: 42 Harley Street, London, W1G 9PR

Email: admin@flowerassociates.co.uk

Website: www.flowerassociates.co.uk

Joanne Thornton

I work as a teacher and the Special Educational Needs Coordinator in a primary school. I have over twenty years' experience as a primary teacher and I have

trained as a dyslexia and specialist literacy teacher, through Dyslexia Action and the University of York. I am a member of the British Dyslexia Association.

Having coached children and adults through the Cogmed working memory programme, I have been impressed by the measurable improvement in their working memory and the positive feedback I have received from participants. They have all noticed immediate and sustained improvement in their working memory and this has had a beneficial impact in many areas of their lives.

There are a choice of programmes, depending on the age and working memory difficulties, of the child or adult. I will initially introduce you to the Cogmed programme that is appropriate for you and then support you throughout your training, monitoring your progress and providing weekly feedback, data analysis and a final progress and development report.

I am confident that Cogmed can significantly improve working memory. Please contact me if you would like more information on Cogmed and what I can offer as a coach. I am based in Bath, but I can cover most areas in the south and south west of England.

Contact details:

Joanne Thornton BEd (Hons), PGCert Dyslexia and Literacy, ATS, BDA

Areas covered: South / South West of England

Email: joannethornton@mypostoffice.co.uk

Phone: 01225 851414

Dr Karen Faulds

Educational Consultant: Working Memory Matters

Located in the Bromley/Orpington area, on the London/Kent borders, Dr Karen Faulds is a qualified teacher and Cogmed coach.

She has extensive experience working with early years and primary school children and helping those with additional learning needs. She is able to provide assessments and Cogmed training for children with reading, spelling, maths and concentration difficulties, including those linked with a history of Glue Ear.

She will also be able to advise on 'catch up' interventions running alongside and after working memory training.

Contact details:**Address:** 62 Grasmere Gardens, Orpington, Kent BR6 8HF**Email:** karenfaulds@yahoo.com**Website:** www.workingmemorymatters.com
-----**Mrs Katie Nelson**

Located in Preston, the Dyslexia Centre North West is directed by Katie Nelson, a qualified primary school teacher, dyslexia, dyscalculia and Irlen specialist and a Cogmed coach. Katie also works within local primary schools as a SEN adviser, specialist teacher and assistant SENCO.

Katie has over 12 years' experience of working with Early years and Primary aged pupils with a range of individual needs. Katie also provides support to secondary aged pupils and adults. She has a current PATOSS Practising Certificate, so she can assess for dyslexia and also perform assessments for exam access arrangements.

Katie can advise on suitable intervention programmes that will work well for the individual to use alongside/after the Cogmed programme. The Cogmed programme includes 2 sessions at the centre and one to be completed at home in between the sessions (with telephone coach support). Katie can also come into your school/college/workplace to run the cogmed programme intervention, as long as there is a minimum of 5 individuals registered on the Cogmed Programme.

For further information and for the next Cogmed course start date, please contact:

Address: Dyslexia Centre North West

17 Rough Hey Road

Grimsargh

Preston

Lancashire

PR2 5AR

Email: Katie@dyslexiacentrenorthwest.co.uk**Phone:** 01772 759083

Lyn Wells

I am a specialist teacher, assessor and developmental therapist. I work independently providing tuition and diagnostic assessments for students with dyslexia/specific learning disabilities and handwriting difficulties. I also provide therapy to address the physical factors that underlie or contribute to learning disabilities.

I am able to provide Cogmed training for individuals with reading, spelling, maths and concentration difficulties.

I am a member of The Dyslexia Guild, the British Dyslexia Association and the National Handwriting Association.

Contact details:

Lyn Wells BA Hons (Psych) MA (Psych) PGCE Neuro-Developmental Therapist (INPP) Diploma Dyslexia and Literacy AMBDA

Address: 3 Ladythorn Road

Bramhall

Stockport SK7 2EP

Email: lyn.wells@ntlworld.com

Phone: 07858 285637

Recolo



Recolo UK Ltd provides expert, high quality and effective community neuropsychological rehabilitation for children, young people (under 25) and their families.

Recolo UK Ltd provides expert, high quality and effective community neuropsychological rehabilitation for children, young people (under 25) and their families.

We believe we offer a unique approach to rehabilitation for children following brain injury. We work alongside the family and other people in the child's life, such as care workers and teachers. We work within the child's everyday environments, knowing how important these are to facilitate optimal recovery. Our friendly team integrates clinical experience with up-to-date knowledge of brain development. And we provide measurable evidence of the child's progress over time.

Recolo's founders are three clinical psychologists with extensive experience of child neuropsychology. All associate clinical psychologists employed by Recolo are chartered and registered with HPC. They all undergo CRB checks and receive regular supervision and Continuing Professional Development (CPD).

Contact details:

Address: Dr Howard Fine, Recolo UK Ltd, 10 Harley Street, London W1G 9PF

Phone: +44 78033 78787

Email: care@recolo.co.uk

Website: [Recolo website](#)

Sally Ashcroft

I was Head of Learning Support at a primary school in Belsize Park. I'm a qualified Cogmed Coach and run LIME Tuition which provides assessment and learning support for children that struggle with specific language impairment (such as dyslexia) and working memory difficulties.

Contact details:

Sally Ashcroft, PG Diploma (Assessment and Teaching)

Address: London, NW3 5PS

Phone: 07976278183

Email: sally@lime-tuition.com

Dr Stuart Anderson

Dr Stuart Anderson is a Consultant Neuropsychologist based in Haywards Heath (West Sussex).

He has interests in a range of neuropsychological conditions including traumatic brain injury, neuro-oncology, mild cognitive impairment and adulthood ADHD. His professional practice specialises in neuropsychological assessment and cognitive rehabilitation. He offers Cogmed to individuals over 16 years who wish to improve their working memory.

Contact details:

Email: drstuartanderson@gmail.com

Phone: 07973-550892

Website: www.neuropsychservices.com

Usha Patel

About Usha:

Usha Patel specialises in movement-based motor-sensory therapy. Using the Raviv Method and Bal-A-Vis-X (Rhythmic: Balance/Auditory/Vision/eXercises) she works mainly on a one-to-one basis with children with learning difficulties such as:

- Dyslexia (Reading)
- Dyspraxia (Coordination)
- Dyscalculia (Maths)
- Autistic Spectrum Disorder
- Asperger's Syndrome
- AD(H)D
- Auditory Processing Disorder

Her movement-based work promotes cohesion for motor, visual, auditory and vestibular imbalance – pre-school requisites for academic learning. This work is followed up by computer-based intervention such as Cogmed Working Memory Training.

Cogmed Working Memory Training has been provided by Usha Patel (at Raviv Practice London) since 2009 and is one of the first practices in London to offer this training. The Cogmed training can be provided for schools and on an individual basis for children and adults.

Contact details:

Usha Patel, Learning Difficulties Therapist - Raviv Practice London

Phone: 07766 837 616

Email: ushapatel.raviv@gmail.com

Websites: www.ravivpracticelondon.co.uk | www.integratedbrain.co.uk (Bal-A-Vis-X)

Virginia Woodhouse

Educational Consultant - qualified and experienced private Special Needs tutor for 20 + years in the field of dyslexia; with a specialist interest in the relationship between vision and learning. Enthusiastic, lively and supportive to all. I offer 1:1 lessons and assessments, and Cogmed training.

Contact details:

Address: Hertfordshire/Essex

Phone: 07939 755758

Email: ginny50@mac.com

Scotland

Laura Grant

Laura Grant is a Psychological Associate at DysGuise Ltd. She provides full cognitive, psychological assessments for primary and secondary pupils, college and university students, and adults in the workplace.

DysGuise provides a service that is positive, practical and informed, and that is consistent with current educational theory, policy and practice. The Head Office is in Hanover Street in central Edinburgh. The Director, Dr Jennie Guise, and her Associates, also work throughout Scotland.

Dysguise's cognitive assessments can shed light on the role that working memory is having on an individual's performance in education, or at work. By offering her services as a CogMed Coach, Laura can support people who wish to develop their working memory skills in order to have improved access to the curriculum, greater success in exams, and better functioning in the workplace.

Contact details:

Email: admin@dysguise.com

Address: Administrative office: Coach House

8 Dean Bank Lane

Edinburgh

EH3 5BS

Website: <http://www.dysguise.com>

Republic of Ireland

Mary Phelan

Contact details: Mary Phelan, BA HDE MSc MA (CBT) Reg Psychol PsSI MBPsS
Consultant Educational Psychologist, Child & Adolescent Therapist

Address: 22 The Spires, Innishannon, Co Cork

Phone: 021-4701586

Email: phelanmary@eircom.net